



18th Annual Provincial
Open Water Swimming Championships
Lake Chaparral, Calgary, Alberta, July 28, 2008

- Race Day: Monday, July 28 2008
- Course: 5km Open Age Group Championship Event
2.5 km Provincial 13 & Over Race Distance
• Female and Male: 13-14, 15-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60 & Over
1 km Provincial 11 & 12 Age Group Race Distance
1 km Provincial Citizen's Swim Race Distance
• Combined gender and age event
- Location: Lake Chaparral, Calgary, Alberta (225 Chaparral Dr. SE)
- Entry Limit: 250 participants
- Entry Fee: If we receive your entries before July 21st: \$40.00
If we receive you entries between July 22nd and July 26th: \$50.00

**FAXED AND MAILED IN ENTRIES MUST BE RECEIVED BY THE SWIM ALBERTA OFFICE
NO LATER THAN 4:30PM (MST) ON FRIDAY, JULY 26, 2008**

REGISTRATIONS WILL NOT BE ACCEPTED ON RACE DAY

Wetsuits not permitted in event in any race.

Each participant will receive a complimentary Subway® sub, a participant gift bag, race cap, event cap, event t-shirt and entry into the door prize draw.

- Registration: Opens at 7:30 am
Close for the 2.5km and 1km Provincial Events at 9:30 am
Close for the 5km Open Event at 11:00 am
- Race Start: 10:00 am for the 2.5km and 1km Provincial Events
11:30 am for the 5km Open Event
- Timing: Electronic timing will be used and supplied by Results Canada
- Warm-up: Information regarding warm-up is to be decided and will be announced shortly.
- Prizes: A \$150 prize will be awarded to the top male and female in the 5km race
Prizes will be awarded to the top 3 finishes in each age/gender
Exception – Citizen's Swim prize to be awarded to the top place finisher only

Please forward all entries and registration fees to:

Swim Alberta
Attention: Lauren Gillespie
11759 Groat Road, Edmonton AB, T5M 3K6
Phone: (780) 415-1780 Fax: (780) 415-1788
Email: office@swimalberta.ca



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Venue Information:

At the heart of this Genstar master planned community is a beautiful park featuring a freshwater lake and cascading waterfalls. The park has been designed to provide exciting year-round activities for the whole family. In addition, a full time recreation director is on staff to offer a variety of programs and activities especially designed for residents' enjoyment. Experience the unique blend of western heritage with today's lifestyle.

Hotel and Travel Information:

Delta Bow Valley

Ask for Swim Alberta Rate.
209-4th Avenue SE
Calgary, Alberta
T2G 0C6
Tel: 403-266-1980
Fax: 403-205-5460



Fairmont Palliser

Ask for the Age Group National Rate
133 9th Avenue SW
Calgary, Alberta
T2P 2M3
Tel: 403-262-1234
Fax: 403-260-1260



Radisson Hotel Calgary Airport

Ask for the Swim Alberta Rate
2120 16th Avenue NE
Calgary, Alberta
Tel: 403 291 4666

Platinum Event Sponsor:

Deerfoot Inn & Casino

Special Rate code **GMSSA07**
1000 11500 35 Street SE
Calgary, Alberta
Tel: 403 236 7529
Toll Free: 888 875 4667



LOCATED ONLY 10 MINUTES FROM LAKE CHAPARRAL!

RATE IS INCLUSIVE OF 4 FULL HOT SERVED BREAKFASTS PER ROOM PER NIGHT



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*****Entry Form*****

Name: _____ Gender: _____

Date of Birth: _____ Age: _____

Address: _____ Postal Code: _____

City/Province: _____ Phone: _____

E-mail: _____

Please check the appropriate box below to indicate your affiliation status	Please indicate your race distance by checking the appropriate box below:
<input type="checkbox"/> Swim Alberta <input type="checkbox"/> ASSA <input type="checkbox"/> Not affiliated	<input type="checkbox"/> Open 5km <input type="checkbox"/> 13 & Over 2.5km <input type="checkbox"/> 11 & 12 1km <input type="checkbox"/> Citizen's Swim 1km <input type="checkbox"/> Age Group National 5km

Please submit your entry fee by enclosing a cheque made payable to Swim Alberta or supplying in your VISA card information in the space provided below

Name of Cardholder: _____

VISA#: _____ Expiry Date: _____

*****Release & Indemnity*****

Re: Lake Chaparral, 5km, 2.5km, 1km Championship Lake Swim
 To: Swim Alberta ("S.A.") and its directors, officers, employees, representatives, and agents (collectively called the "Agents".)

***I have read the guidelines, rules and regulations issued for the Event, which I understand, and I agree to be bound by them. In consideration of your acceptance of my entry to this Event by Swim Alberta or my being permitted to take part in the Event and/or activity associated therewith, I agree to: RELEASE, SAVE HARMLESS; and INDEMNIFY Swim Alberta and/or its Agents from all claims, actions, costs and expenses and demands in respect to death, injury, loss or damage to my person or property, wheresoever and howsoever caused, arising out of, or in connection with, my taking part in the Event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act (including, without limitation, negligence) of S.A. and/or any more of its Agents. I further agree and acknowledge that:

1. The governing rules of the Event are solely for the purpose of regulating this Event and it remains the sole responsibility of myself to act and govern myself in such a manner as to be responsible for my own safety;
2. I am aware of the risks inherent in participation in the Event; and,
3. I agree that this Release shall bind my heirs, executors, administrators and assigns. I have read this Release and understand it.

Participant Signature: _____ Date: _____

Parent/Guardian Signature: _____ (if participant is under 18 years of age)