

Foothills Masters Swim Club

"15th Annual" SWIM MEET

Sanction No. applied for

Date: **Saturday January 19, 2008**

Location: **Foothills Pool**
25M/Short Course
24th Avenue and University Drive N.W.

Session Time: **Warm-Up: 1:15 PM to 2:10 PM**
Start: 2:15 PM

Entries: Swimmers are limited to a **maximum** of four (4) Individual swims plus relays. Entries must be submitted with the following information: swimmers name, club, age, Swim Alberta registration number, event, event number and entry time. Please provide swimmers names and ages for each relay entry. **Please note: entries do not have to be on cards but it is requested that you provide entries as a file from Team Manager or on the attached grid or in similar form (i.e. spreadsheet). Entries will be accepted via email. Note that a demo version of Team Manager is available from www.hy-tek ltd.com that allows clubs to do entries. More info is provided in the teamlite pdf file. An event file for team manager will be available on the Foothills Masters website www.fmsc.ca**

Deck Entries: No Deck entries will be accepted

Entry Fees: Entry fees are \$25.00 per swimmer. No refunds will be given for scratches after the deadline. Please make cheque payable to **Foothills Masters Swim Club**. Entry cheques may be mailed separately (from email) but must arrive by the deadline. Late entry fee is \$35.00 for entries received after midnight Jan 13, 2008 and up until noon Friday Jan 18, 2008. No entries will be accepted after noon Friday Jan 18 and no deck entries will be accepted

Results: Results will be posted in pdf and hitek format on the www.fmsc.ca website as well as MyMSC website.

Scoring: There will be no team or individual scoring.

Awards: To first, second and third in each category.

Meet Rules: All SNC rules apply. **The one start rule will apply. Safety marshals will supervise the warmup. Only one swimmer at a time, is allowed on the block in the lanes assigned for dive starts (dive or back start).**

Deadline: Entries and fees are due midnight Sunday, January 13, 2008. Late entries will be accepted from Monday January 14 to noon Friday January 18, 2008 at a late entry fee of \$35.00. **No deck entries will be accepted.**

Send to:

Diane Smart
Address: North Hill Postal Outlet
Box 65125
Calgary, Alberta
T3A 2K1
Phone: (403) 280-2459 (after 6 p.m.)
email: dismart@telus.net
Fax: No faxed entries accepted

Foothill Masters Swim Meet January 20, 2007

Foothills Pool

24th Avenue and University Drive N.W.

Note that all events except the Mens and Womens Relay will be swum as mixed events seeded by time. Results will be broken out by age and gender.

Mixed	Women	Event	Men
1		400 Choice *	
3		50 Back	
4		100 Breast	
5		50 Fly	
6		100 Back	
7		50 Free	
8		200 IM	
9		100 Fly	
	10	200 Medley Relay	11
12		200 Choice ***	
16		50 Breast	
17		100 I.M.	
18		100 Free	
	19	200 Free Relay	20
	21	200 Free Mixed Relay	

*Please indicate stroke

*** 200 Choice is freestyle, back, breast or fly.

Note: Swimmers are limited to four (4) events plus relays .

There will also be a 10 minute rest break after the 200 Medley Relay and time permitting after the 100 Free.

Names are required by 3:30 for all relay events