

# CALGARY MASTERS INVITATIONAL

SANCTION# 7273

**DATE:** Sunday March 29, 2009

**DEADLINE:** Friday March 13, 2009

**PLACE:** Talisman Centre  
2225 MacLeod Trail S  
Calgary, AB

**MEET MANAGER:** Jeanne Carlsen

**Eligibility:** All registered Masters Swimmers  
Unregistered swimmers will not be allowed to compete.

All swims will be seeded by times only (men & women swim together according to entry times).

Revised Start

Warm-Up: 10:00 AM  
Start: 11:00 AM

## ORDER OF EVENTS

1. 400m Free only \*
2. 200m Medley Relay (Women's)
3. 200m Medley Relay (Men's)
4. 100m Free
5. 200m I.M
6. 50m Back
7. 100m Breast
8. 50m Fly
9. 200m Free
10. 100m Back
11. 50m Breast
12. 100m Fly
13. 400 I.M \*
14. 200m Open (Fly, Back or Breast)
15. 50m Free
16. 200m Free Relay (Women's)
17. 200m Free Relay (Men's)
18. 800 Free \*\*
19. 1500 Free \*\*

\* **one heat** time permitting, swum two per lane, **swimmer must supply one timer name at the time of entry**

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**FEE:** \$40.00: includes both individual & relay events

### **MAXIMUM OF SIX (6) EVENTS PER PERSON (not including relays)**

Deck entries may be accepted, at a cost of \$45.00, until 8:30 a.m. at the discretion of the Meet Manager.  
SNC rules as approved by Swim Alberta for Master swimmers will govern throughout.

**FACILITIES:** 50 metre, 8 lane pool, dive tank available for warmup and cool down for the duration of the meet

**AWARDS:** Congratulations from your team mates!!!

**SOCIAL:** More info to follow

**ENTRIES:** Please submit entries via **Hytek** by entry deadline of March 13, 2009. **Hard copy with payment must be received prior to March 21, 2009**

Entries must be received by the deadline to: j.carlsen@shaw.ca