

---

**Meet Results**
**Calgary Masters LC 2009 29-Mar-09 [Ageup: 31/12/2009] LC Meters**  
**Calgary Masters Swim Club [CMSC]**

Time	F/P/S Relay	Place	Points	Improv
<b>Event # 1 Mixed 400 Free</b>				
4:37.86L	F Welechuk, Jeff	1	20	---
	30.11 35.04 35.88 36.48			
	35.07 35.90 35.24 34.14			
4:51.94L	F Wiebe, Rob	1	20	---
	33.40 35.48 36.94 37.48			
	37.63 37.18 37.18 36.65			
4:59.98L	F Carlsen, Jeanne	1	20	2.79
	34.92 37.02 37.42 38.07			
	37.73 38.34 38.03 38.45			
6:09.66L	F Hill, Sue	2	17	---
	40.88 44.26 44.93 46.81			
	47.88 48.07 48.61 48.22			
6:28.45L	F Keelan, Patrick	4	15	---
	45.30 49.74 50.74 50.15			
	50.03 49.13 48.33 45.03			
<b>Event # 2 Women 200 Medley Relay</b>				
2:23.11L F	A Relay Calgary Masters Swim Club	1	40	
	Janie McCall (50) Rene Starratt (53) Jeanne Carlsen (51) Louise Giannoccaro (47)			
	37.63 39.26 35.76 30.46			
2:31.30L F	B Relay Calgary Masters Swim Club	1	40	
	Sue Hill (53) Michelle Wortley (33) Laurie Wallace (40) Jennifer Arthur (24)			
	49.18 41.45 32.84 27.83			
<b>Event # 2 Women 200 Medley Relay - Lead-Off Legs ( 50 Back )</b>				
37.63L	F McCall, Janie	---	---	-2.16
49.18L	F Hill, Sue	---	---	---
<b>Event # 3 Men 200 Medley Relay</b>				
2:12.44L F	B Relay Calgary Masters Swim Club	1	40	
	Robert Hansen (35) Garth Jacques (46) Jeff Welechuk (39) Rob Wiebe (46)			
	34.70 39.76 30.14 27.84			
2:13.00L F	A Relay Calgary Masters Swim Club	1	40	
	Peter O'Brien (60) Keith Shaw (66) Mike Morrow (59) Dave Dickson (56)			
	33.46 38.61 32.89 28.04			
2:42.56L F	C Relay Calgary Masters Swim Club	2	34	
	David Smith (68) Brent Kriwokon (47) Braydon King (20) Patrick Keelan (49)			
	52.68 41.85 30.38 37.65			
<b>Event # 3 Men 200 Medley Relay - Lead-Off Legs ( 50 Back )</b>				
33.46L	F O'Brien, Peter	---	---	0.39
34.70L	F Hansen, Robert	---	---	---
52.68L	F Smith, David	---	---	---
<b>Event # 4 Mixed 100 Free</b>				
1:03.76L	F King, Braydon	1	20	---
	30.01 33.75			
1:04.73L	F Hansen, Robert	1	20	---
	31.09 33.64			
1:08.63L	F Giannoccaro, Louise	1	20	---
	33.21 35.42			

---

**Meet Results**
**Calgary Masters LC 2009 29-Mar-09 [Ageup: 31/12/2009] LC Meters**  
**Calgary Masters Swim Club [CMSC]**

Time	F/P/S Relay	Place	Points	Improv
1:09.52L	F Carlsen, Jeanne	1	20	-3.82
	34.37 35.15			
1:11.22L	F Jacques, Garth	2	17	---
	32.91 38.31			
1:12.26L	F Starratt, Rene	2	17	---
	34.69 37.57			
1:15.08L	F Kriwokon, Brent	4	15	---
	37.10 37.98			
1:25.15L	F McCutchon, Alexis	2	17	---
	41.36 43.79			
1:31.78L	F Smith, David	3	16	---
	41.91 49.87			
1:34.10L	F Dunwald, Alanna	5	14	-27.20
	43.68 50.42			
NS	F Davis, Nancy	---	---	---
	00.00 00.00			
<b>Event # 6 Mixed 50 Back</b>				
29.47L	F Welechuk, Jeff	1	20	---
34.62L	F Arthur, Jennifer	1	20	---
37.27L	F McCall, Janie	1	20	-2.52
38.19L	F Wallace, Laurie	1	20	0.19
41.39L	F McCutchon, Alexis	2	17	---
43.34L	F Jacques, Garth	1	20	---
49.91L	F Smith, David	2	17	---
1:10.66L	F Davis, Nancy	1	20	1.92
<b>Event # 7 Mixed 100 Breast</b>				
1:23.73L	F Hansen, Robert	1	20	---
	39.34 44.39			
1:31.00L	F Starratt, Rene	1	20	---
	42.90 48.10			
1:32.47L	F Shaw, Keith	1	20	1.46
	42.62 49.85			
1:32.67L	F Wortley, Michelle	1	20	-1.11
	43.71 48.96			
1:45.28L	F Hill, Sue	3	16	---
	50.38 54.90			
2:08.13L	DQ F Dunwald, Alanna	---	---	---
	1:01.05 1:07.08			
<b>Event # 8 Mixed 50 Fly</b>				
29.59L	F Wiebe, Rob	1	20	---
29.68L	F Arthur, Jennifer	1	20	---
31.29L	F King, Braydon	1	20	---
32.26L	F Giannocco, Louise	1	20	---
33.00L	F Wallace, Laurie	1	20	---
33.36L	F McCall, Janie	1	20	-0.63
45.80L	F Kriwokon, Brent	2	17	---
<b>Event # 9 Mixed 200 Free</b>				

---

**Meet Results**
**Calgary Masters LC 2009 29-Mar-09 [Ageup: 31/12/2009] LC Meters**  
**Calgary Masters Swim Club [CMSC]**

Time	F/P/S Relay	Place	Points	Improv
2:15.36L	F Dickson, Dave	1	20	0.66
	30.55 34.36 35.57 34.88			
2:36.68L	F Giannocco, Louise	1	20	---
	34.46 39.63 41.80 40.79			
2:59.69L	F Hill, Sue	1	20	---
	39.90 44.85 47.80 47.14			
3:02.67L	F Keelan, Patrick	2	17	---
	42.95 47.65 47.31 44.76			
3:22.73L	F Smith, David	1	20	---
	45.37 50.94 53.63 52.79			
3:35.60L	F Dunwald, Alanna	3	16	---
	2:11.25 29.52 2:00.23 6.36			
<b>Event # 10 Mixed 100 Back</b>				
1:05.38L	F Welechuk, Jeff	1	20	---
	31.88 33.50			
1:12.83L	F O'Brien, Peter	1	20	0.89
	35.55 37.28			
1:16.37L	F Hansen, Robert	2	17	---
	37.11 39.26			
1:20.67L	F McCall, Janie	1	20	-6.03
	39.00 41.67			
<b>Event # 11 Mixed 50 Breast</b>				
38.11L	F Hansen, Robert	1	20	---
39.07L	F Arthur, Jennifer	1	20	---
39.87L	F Shaw, Keith	1	20	0.08
41.01L	F Starratt, Rene	1	20	---
41.47L	F Kriwokon, Brent	2	17	---
41.80L	F Jacques, Garth	3	16	---
42.29L	F Wortley, Michelle	1	20	-1.06
46.40L	F McCutcheon, Alexis	2	17	---
47.81L	F Hill, Sue	2	17	---
1:01.16L	F Davis, Nancy	1	20	-0.91
57.40L	DQ F Dunwald, Alanna	---	---	---
<b>Event # 12 Mixed 100 Fly</b>				
1:06.94L	F Wiebe, Rob	2	17	---
	31.10 35.84			
1:15.29L	F Wallace, Laurie	1	20	0.29
	34.54 40.75			
1:17.08L	F Giannocco, Louise	1	20	---
	36.01 41.07			
1:12.98L	DQ F King, Braydon	---	---	---
	33.87 39.11			
NS	F McCall, Janie	---	---	---
	00.00 00.00			
<b>Event # 15 Mixed 50 Free</b>				
25.87L	F Welechuk, Jeff	1	20	---
28.80L	F Arthur, Jennifer	1	20	---

---

**Meet Results**
**Calgary Masters LC 2009 29-Mar-09 [Ageup: 31/12/2009] LC Meters**  
**Calgary Masters Swim Club [CMSC]**

Time	F/P/S	Relay		Place	Points	Improv
29.12L	F	Dickson, Dave		1	20	1.62
29.20L	F	King, Braydon		2	17	---
29.84L	F	Hansen, Robert		2	17	---
29.94L	F	Jacques, Garth		1	20	---
31.20L	F	Giannoccaro, Louise		1	20	---
31.73L	F	Wortley, Michelle		1	20	-1.07
32.32L	F	Kriwokon, Brent		2	17	---
38.00L	F	Smith, David		2	17	---
43.08L	F	Dunwald, Alanna		5	14	-7.99
53.24L	F	Davis, Nancy		1	20	0.88
NS	F	McCall, Janie		---	---	---
<b>Event # 16 Women 200 Free Relay</b>						
2:06.42L	F	A Relay	Calgary Masters Swim Club	1	40	
			Rene Starratt (53)			
			Louise Giannoccaro (47)	Jeanne Carlsen (51)		Janie McCall (50)
			32.54 30.91 31.16 31.81			
2:10.73L	F	B Relay	Calgary Masters Swim Club	1	40	
			Jennifer Arthur (24)			
			Michelle Wortley (33)	Laurie Wallace (40)		Alexis McCutcheon (35)
			29.23 32.09 32.28 37.13			
<b>Event # 16 Women 200 Free Relay - Lead-Off Legs ( 50 Free )</b>						
29.23L	F	Arthur, Jennifer		---	---	---
32.54L	F	Starratt, Rene		---	---	---
<b>Event # 17 Men 200 Free Relay</b>						
1:50.54L	F	B Relay	Calgary Masters Swim Club	1	40	
			Jeff Welechuk (39)			
			Braydon King (20)	Rob Wiebe (46)		Robert Hansen (35)
			25.60 28.20 27.79 28.95			
2:03.34L	F	A Relay	Calgary Masters Swim Club	1	40	
			Dave Dickson (56)			
			Mike Morrow (59)	Peter O'Brien (60)		Keith Shaw (66)
			29.06 30.39 29.53 34.36			
2:20.23L	F	C Relay	Calgary Masters Swim Club	1	40	
			Garth Jacques (46)			
			Brent Kriwokon (47)	David Smith (68)		Patrick Keelan (49)
			30.49 32.62 39.00 38.12			
<b>Event # 17 Men 200 Free Relay - Lead-Off Legs ( 50 Free )</b>						
25.60L	F	Welechuk, Jeff		---	---	---
29.06L	F	Dickson, Dave		---	---	1.56
30.49L	F	Jacques, Garth		---	---	---
<b>Event # 19 Mixed 1500 Free</b>						
19:01.15L	F	Carlsen, Glenn		1	20	2.26
			35.40 37.62 38.15 37.97			
			37.68 38.08 37.80 37.83			
			37.79 37.87 37.76 38.56			
			38.07 38.15 38.46 38.29			
			38.37 38.30 38.12 38.42			
			38.66 38.67 38.26 38.56			

**Meet Results**

**Calgary Masters LC 2009 29-Mar-09 [Ageup: 31/12/2009] LC Meters  
Calgary Masters Swim Club [CMSC]**

19:45.17L		F	Carlsen, Jeanne			1	20	13.95
	36.53		39.19	39.45	39.63			
	39.39		39.70	39.32	39.64			
	39.41		39.33	39.21	39.33			
	39.15		39.43	39.25	39.48			
	39.31		39.53	39.45	39.97			
	39.59		39.91	39.79	39.99			
20:54.75L		F	Morrow, Mike			1	20	---
	37.19		41.24	41.64	41.47			
	41.26		41.28	42.19	41.91			
	42.76		42.45	42.10	42.15			
	42.43		41.62	42.51	41.75			
	42.15		41.66	42.55	42.07			
	42.09		41.57	42.58	42.46			
26:05.35L		F	Keelan, Patrick			3	16	---
	48.65		51.80	52.89	52.35			
	52.47		51.73	52.82	52.35			
	52.84		52.69	52.80	51.81			
	52.66		52.02	52.94	51.55			
	52.46		51.85	52.44	52.29			
	53.01		52.74	53.26	52.45			

**Event # 20 Women 200 Medley Relay**

2:19.95L	F	A Relay	Calgary Masters Swim Club			1	40	
	Janie McCall (50)		Rene Starratt (53)	Louise Giannoccaro (47)	Jeanne Carlsen (51)			
	37.73		40.02	31.63	30.57			

**Event # 20 Women 200 Medley Relay - Lead-Off Legs ( 50 Back )**

37.73L	F	McCall, Janie	---	---	-2.06
--------	---	---------------	-----	-----	-------

**Event #114 Mixed 200 Back**

2:43.55L		F	O'Brien, Peter			1	20	2.56
	38.10		41.87	43.34	40.24			
2:43.81L		F	Hansen, Robert			1	20	---
	38.81		40.95	42.14	41.91			
2:57.42L		F	McCall, Janie			1	20	---
	40.21		44.39	46.47	46.35			

**Event #214 Mixed 200 Breast**

3:26.60L		F	Starratt, Rene			1	20	---
	44.03		50.73	55.42	56.42			
3:35.24L		F	Shaw, Keith			1	20	12.55
	48.36		55.51	57.83	53.54			

**Event #314 Mixed 200 Fly**

2:39.91L		F	Carlsen, Glenn			1	20	0.74
	34.10		39.08	42.14	44.59			
2:59.93L		F	Morrow, Mike			1	20	---
	37.04		42.35	46.98	53.56			