

Foothills Masters Swim Club/Calgary Winter Club Clippers
18th Annual” SWIM MEET and SOCIAL
Sanction No. 120062

DATE: Saturday, January 28, 2012

LOCATION: Calgary Winter Club
4611 – 14 Street NW (14 Street NW and north of John Laurier Blvd)
Calgary, Alberta

The Calgary Winter Club competition pool is a 6 lane, 25 metre short course pool. One or two lanes in an adjacent pool will be available for warm-up/down during the meet

SESSION TIME:

Warm-Up: 12:00 pm to 12:45 pm (please note this is earlier than last year's start)
Start: 12:50 pm

ENTRIES:

- Swimmers are limited to a **maximum** of five (5) individual swims plus relays.
- An event file for Team Manager will be available on the Foothills Masters website www.fmssc.ca and www.swimming.ca
- We request that entries be provided as a file from Team Manager. Entries not submitted as a Team Manager file or using the Swim Canada entry system will be charged at \$5.00 per swimmer.
- Entries must be submitted with the following information: swimmers name (as entered in your registration), club, birthdate, registration number, event, event number and entry time. Please provide swimmers names and ages for each relay entry.
- Hy-Tek entries are to be submitted via the swimming Canada website at www.swimming.ca. Entry information can be mailed and/or e-mailed.
- Entry times are required for all individual events (NT's are not permitted). Please make your best guess if needed.
- **No deck entries will be accepted**

ENTRY FEES: Please read the following entry fees carefully:

\$25.00 per swimmer

- Entry fees from team/club which are paid with one cheque and submit a Hy-tek entry file
- Entries from ALL unattached swimmers

\$30.00 per swimmer

- Entry fees from team/club which are paid with multiple cheques
- Entries from team /club swimmers that are submitted with individual entry forms

\$35.00 per swimmer

- Entries received after midnight January 16th deadline but before noon, Thursday, January 26th.

No refunds will be given for scratches after the January 26th deadline.

No entries will be accepted after noon Thursday, January 26th.

Please make cheque payable to **Foothills Masters Swim Club**. Entry cheques may be mailed separately from the entry email but must arrive by the deadline.

RESULTS: Results will be posted on the website www.fmssc.ca and www.swimming.ca. A copy of the results will be sent to anyone who requests and provides an e-mail address.

SCORING: There will be no team or individual scoring.

MEET RULES: All SNC rules apply. The one start rule will apply. Safety marshals will supervise the warmup. Only one swimmer at a time is allowed on the block in the lanes assigned for dive starts (dive or back start).

DEADLINE: Entries and fees are due midnight January 16th, 2012. Late entries will be accepted from January 17th to noon Thursday January 26th, 2012 at a late entry fee of \$35.00.

SEND ENTRIES TO:

Address: Foothills Masters Swim Club
 North Hill Postal Outlet Box 65125
 Calgary, AB T2N 4T6
 Phone: (403) 852-0939 (after 6 p.m.)
 Email: meets@fmsc.ca
 Fax: No faxed entries accepted

CHANGES: Meet management reserves the right to modify the meet program to allow for maximum number of swims in time allotted. Coaches will be advised of any changes to the program.

FOOD: Food and glass containers are not allowed on deck, but there will be some tables set up just outside the pool and also there is a cafeteria nearby. Food and beverages may be purchased at the CWC cafeteria and snack stands.

PARKING AND FACILITIES: The upper parking lot is available for the swim meet participants. Enter at the front entrance and let the front desk know that you are here for the masters swim meet. The locker rooms are just inside the entrance and have signage. There are some day lockers but the number of lockers are limited. Swimmers can use the lockers but bring your own lock. Towels are for Calgary Winter Club Members only.

EVENTS:

Note that all events except the Mens and Womens Relay will be swum as mixed events seeded by time. Results will be broken out by age and gender.

Mixed	Women	Event	Men
1		400 Choice *	
3		50 Back	
4		100 Breast	
5		50 Fly	
6		200 Free	
7		50 Free	
8		100 Back	
9		100 Fly	
	10	200 Medley Relay	11
12		200 Choice ***	
16		50 Breast	
17		100 I.M.	
18		100 Free	
	19	200 Free Relay	20
21		200 Free Mixed Relay	
22		200 Medley Mixed Relay	

* Please indicate stroke

*** 200 Choice is back, breast, fly or IM. Please indicate stroke.

Note: Swimmers are limited to five (5) events plus relays .

There will be a 10 minute rest break before the 200 Medley Relay for relay organization and 5 minute break before the 200 Free Relay (time permitting). Names are required by 12:30 for all relay events.

SOCIAL:

Riverstone Pub, 773 Northmount Drive NW – 1.4 kms south of the Calgary Winter Club

\$17/person buffet including meat balls, pizza and salads. Cash bar.

All swimmers, volunteers and family members are invited. Tickets will need to be purchased by January 24th to allow confirmation of numbers. Separate cheques for the meals will be appreciated but can be sent in conjunction with the entry cheques.