

JANUARY 2011

Welcome back CMSC for the 2011 season! We hope everyone enjoyed the break during the holiday season. For many of us I am sure the harsh reality of indulgence came to a shocking halt come January.

As we work our way back into normality and hectic work schedules again we have a lot of upcoming events on our plate. This edition of the newsletter is an abbreviated one given the administrative content. We will begin incorporating more articles again come February.

At the beginning of the year, one of our fundamental focal points for this season was rekindling the social aspects of our club. Kelly has taken the lead on this year's executive and has dedicated a lot of time and energy to introducing some of these important elements back into our program. This includes the Saturday Snack Club and team building and of course the popular pub nights.

As an executive; we continue to support her initiatives and encourage everyone to embrace Swim Canada's motto of; Fun, Fitness, Participation!

Calgary Masters Swim Club Social Event

Kelly & Kyle have graciously opened their home to CMSC;

HOLIDAY HANGOVER PARTY

It's a potluck event on Saturday Jan 22nd

WHERE: Kelly and Kyle's place: 2031 2 Ave. NW (West Hillhurst area)

BRING: Potluck dish and any alcoholic beverages you may want. Optional: Re-gift a Christmas gift that you may not use to take part in the Chinese gift exchange (or a small gag gift will suffice). Guaranteed laughs.

Significant others welcome (remember to bring 2 gifts if they also want to participate in the gift stealing madness), please no kids.

PLEASE RSVP to Kelly by Jan. 15, 2011 with your name, significant others name and what you are planning on bringing for the potluck (that way we don't end up with 30 desserts and only one salad). kelly.ot at gmail.com

Looking forward to seeing everyone in the New Year!

Kelly (O'Toole) Marcotte

SNACK CLUB

Resumes Saturday January 29th for lanes 1&2

Our competition schedule heats up in January!

At the start of the year, the CMSC encouraged all members to participate in a meet this season. It would be great to see new members, or those who have never competed with us try one out. As we prepare to host a meet ourselves later this year, it would be a real feather in our cap to see new faces represent CMSC at events.

This is a great benchmark to see where your training goals have taken you, and enjoy the spirit of competition.

Foothills Masters Swim Club / Winter Club Clippers
17th Annual Swim Meet and Social
Foothills Pool
Saturday, January 29th

Meet information is at

http://albertamasters.ca/masters_schedule/2011/2011.fmssc-cwcc.info.pdf

You can register at <http://cmssc.ab.ca/cgi-bin/fmssc-cwcc.2011-01-29.py>

Edmonton Making Waves Swim Club
Making Waves Meet
Kinsmen Pool
February 5th, Edmonton

Check <http://cmssc.ab.ca/meets%20events.htm> for registration information, meet package and hotel information.

Looming in the not too distant future

RMMSC Meet – Calgary
March 5th

Provincials to be held in Medicine Hat March 26/27

Nationals to be held in Montreal May 20-23

Talisman Center

Please monitor our schedule and postings regarding practice information at Talisman. Our early morning group returns to Talisman on Monday 17 January 2011.